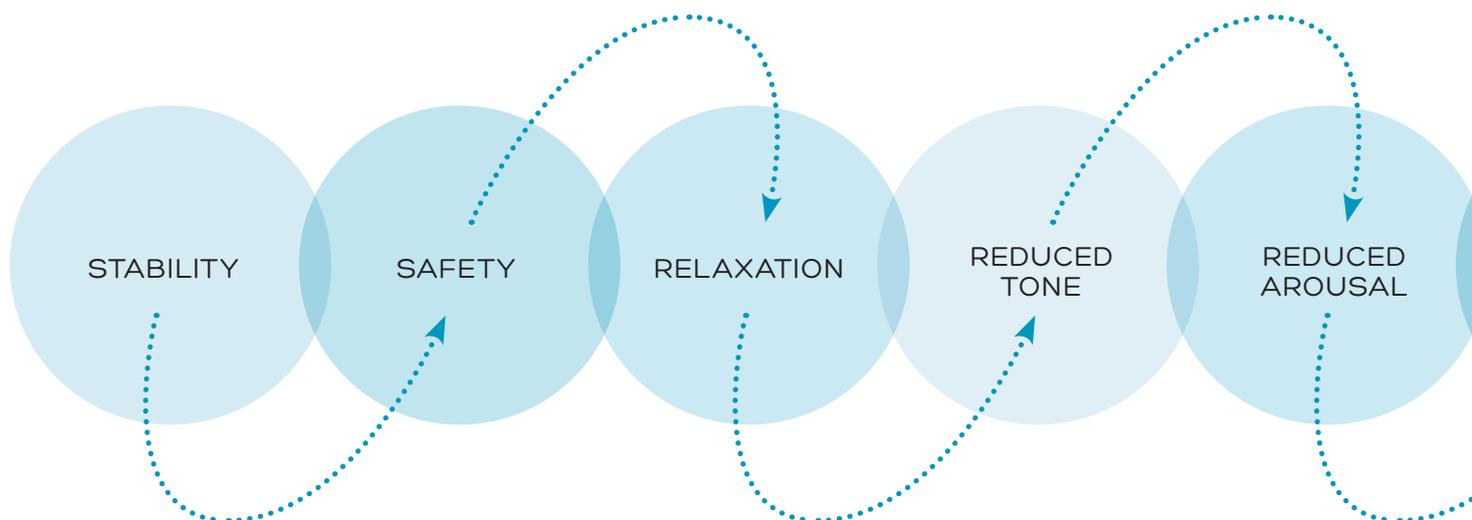


LEJRELET

SIMPLE AND EFFICIENT POSITIONING





WHY IS POSITIONING IMPORTANT?

Positioning is of decisive importance for the users comfort and wellbeing. Positioning is also an important part of the healing and preventative measures.

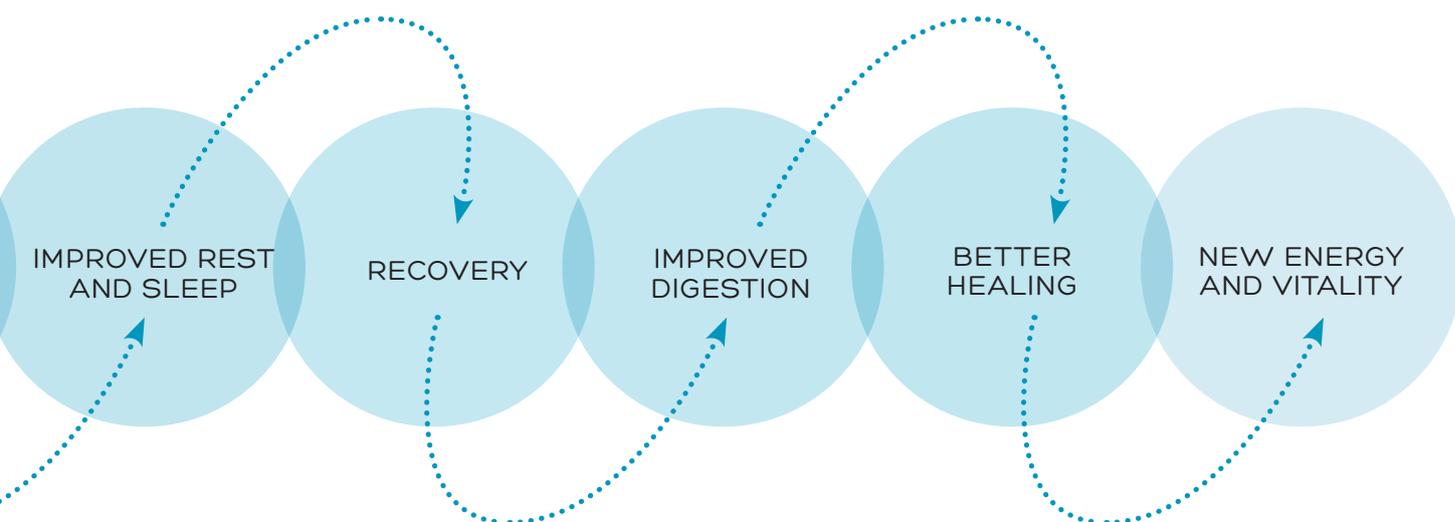
There are many situations in which positioning should be a matter of great attention. This is in particular true with:

- Permanent or long-term bedridden patients
- Patients with reduced mobility
- Patients with pressure ulcers or pressure ulcer risk
- Patients receiving hygiene procedures in bed
- Restless and unstable patients

When positioning is integrated in the care for such patients, it will have a major influence on the progression of their disease and their overall quality of life.

Positioning will also have a positive impact on care-giver health and safety, as the processes around the patient often will be easier to manage and handle.

“Positioning of permanent bedridden patients should be a focus area in line with wounds, incontinence and nutrition.”



GOOD POSITIONING IS STABLE POSITIONING

A well performed position is a stable position. Stability facilitates the patient experienced safety and relaxation.

Furthermore, good positioning ensures a better support of the body or specific body parts. This creates larger distribution of pressure which locally can relieve pressure and pain. Good positioning also prevents e.g. neuropathies and constriction of blood vessels.

Good positioning is also ensured by placing the patients joint in a neutral position, that is the position in which the joint capsule and ligaments are least tense. This requires appropriate and suitable positioning cushions.

“Good positioning is absolutely essential for the patients well-being, disease progression and comfort.”

THE PHILOSOPHY BEHIND LEJRELET

According to physiotherapist Peter Maindal who developed the LEJRELET series, it is essential to ensure effective positioning. And this is done by ensuring that the positioning cushions are simple to use.

The series consists of only six cushions which makes it straightforward and simple for the care-givers.

The size and shape of the cushions provides a great flexibility so the single cushion can be used for several purposes - both individually and in combination with each other.



LEJRELET

Tube 250

LEJRELET Tube 250 is a long soft cylinder cushion that - unlike many other cylinder cushions - is filled with viscoelastic foam granules. This makes Tube 250 stable and easy to shape and the filling stays where you want it. Furthermore, the filling gives Tube 250 a good weight which provides good tactile stimuli. Therefore Tube 250 has a calming effect on many users.

Tube 250 is longer than other cylinder cushions which makes it possible to do a positioning of the entire body, even for tall users.

Since the user can be positioned in a way that makes him or her calmer, the working environment for the caregivers will be improved.

Examples for use of LEJRELET Tube 250:

- » Support of the entire body in lateral position.
- » Positioning in a 30 degree angle.
- » Pressure relief for scapula and arms.
- » Support of legs and pressure relief of heels.
- » Comfort and calming positioning.

ITEM NO.:	5000001
WEIGHT:	4700 g
SIZE:	Ø 25 x L 250

Materials

FILLING MATERIAL: 100% Viscoelastic foam

Washing & cleaning



LEJRELET Tube 250 can be wiped with mild soap and disinfectant fluids or showered with boiling water.



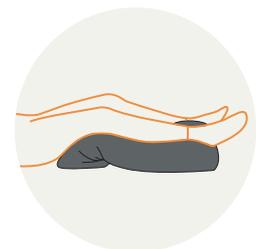
Support of the entire body in lateral position.



Positioning in a 30 degree angle.



Pressure relief for scapula and arms.



Support of legs and pressure relief of heels.



LEJRELET

Tube 125

LEJRELET Tube 125 offers the same characteristics as the LEJRELET – Tube 250. Excellent pliability offers great usability in many situations.

However, it is only half the length, equal to 125 cm, and therefore weighs less.

LEJRELET Tube 125 works well with shorter people and tall children. It also works well for people with lower extremity amputation and who need good support for the amputation.

Further to this LEJRELET Tube 125 can easily be folded/ moulded into a shape that offers good support for people suffering from strong contractions.

Examples for use of LEJRELET Tube 125:

- » Support of the body in lateral position.
- » For 30-degree positioning for leg amputees.
- » Support of legs and forearms in a sitting position.
- » Stable lateral position when contracted in flexion.

ITEM NO.: 5000000
WEIGHT: 2350 g
SIZE: Ø 25 x L 125

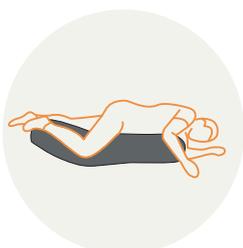
Materials

FILLING MATERIAL: 100% Viscoelastic foam

Washing & cleaning



LEJRELET Tube 125 can be wiped with mild soap and disinfectant fluids or showered with boiling water.



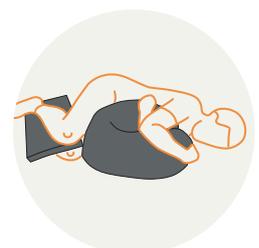
Support of the body in lateral position



30 degree positioning in case of leg amputation.



Support of legs and forearms in a sitting position.



Stable lateral position when contracted in flexion - here with Pad Low.



LEJRELET

Wedge

LEJRELET Wedge is a triangular cushion that is used in many different situations for both stabilization, relief and positioning.

Wedge is modelled from an anatomical view of the thorax and the pelvis. If Wedge for example is used for stabilizing in front of the body, the height of Wedge fits in a way that gives maximum support to the arm and torso.

Positioning in lateral position with Wedge either in front of the body or behind the back provides the user with good stability. This makes the work situation easier for the caregiver, for example when attending wounds or other treatment.

Examples for use of LEJRELET Wedge:

- » Stabilizing behind the back in lateral position.
- » Stabilizing in front of the body in lateral position.
- » Support of arm in lateral position.
- » Support of leg in lateral position.
- » Positioning in a 30 degree angle

ITEM NO.: 5000002
WEIGHT: 550 g
SIZE: H 15 x W 30 x L 50

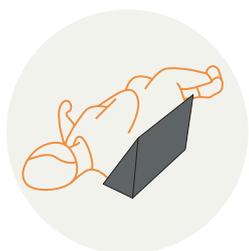
Materials

FILLING MATERIAL: Polyurethane foam and viscoelastic foam on the top.

Washing & cleaning



LEJRELET Wedge can be wiped with mild soap and disinfectant fluids or showered with boiling water.



Stabilizing behind the back in lateral position.



Stabilizing in front of the body/trunk in lateral position.



Support of leg in lateral position.



Support of legs in supine position.



LEJRELET

Pad High

LEJRELET Pad High is a rectangular cushion that is used for various stabilization, relieving and positioning situations.

Pad High is modelled from an anatomical view of the thorax and the pelvis. If Pad High for example is used for supporting the leg in lateral position you ensure that the hip flexion is kept neutral. That is: you avoid lumbar rotation, compression in the hip joint and stretching of the joint capsule.

Supporting the leg in a lateral position with Pad High ensures a better working position for the caregivers with e.g. lower hygiene procedures.

Examples for use of LEJRELET Pad High:

- » Support of leg in lateral position.
- » Support of leg during lower hygiene.
- » Support of arm in lateral position.
- » Support of legs and pressure relief of heels.

ITEM NO.: 5000003
WEIGHT: 800 g
SIZE: H 15 x W 30 x L 50

Materials

FILLING MATERIAL: Polyurethane foam and viscoelastic foam on the top.

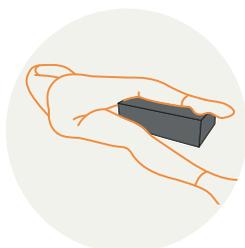
Washing & cleaning



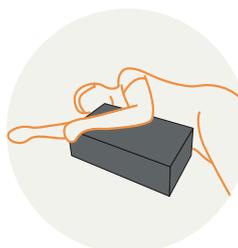
LEJRELET Pad High can be wiped with mild soap and disinfectant fluids or showered with boiling water.



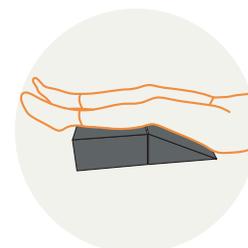
Support of leg in lateral position.



Support of leg during lower hygiene.



Support of arm in lateral position.



Support of legs and pressure relief of heels.



LEJRELET

Pad Low

LEJRELET Pad Low is made from viscoelastic foam which makes it easy to shape and adapt to the user. This ensures optimum relief and adaptation in situations where there is a need for extra stability and support.

Pad Low can be used in various positioning and relieving situations. Pad Low can also be used to protect the user against hard surfaces or sharp edges e.g. when transferred.

Pad Low can be used flat, coiled, bent or folded.

Examples for use of LEJRELET Pad Low:

- » Support of arm/hand.
- » Support of lower leg or heel(s).
- » Pressure relief for heels.
- » Pressure relief between knees in lateral position.
- » Coiled as abduction wedge.

ITEM NO.:	5000004
WEIGHT:	350 g
SIZE:	H 4 x W 30 x L 50

Materials

FILLING MATERIAL: 100% Viscoelastic foam

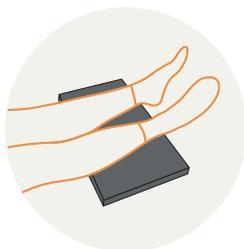
Washing & cleaning



LEJRELET Pad Low can be wiped with mild soap and disinfectant fluids or showered with boiling water.



Support of arm/hand.



Support of lower leg or heel(s).



Pressure relief between knees in lateral position.



Coiled as abduction wedge.



LEJRELET

Oval

LEJRELET Oval is a small oval cushion made of viscoelastic foam granules. With the LEJRELET Oval we introduce the concept "The Walking Cushion".

"The Walking Cushion" is a concept that works with frequent and discreet repositioning which ensures a calm night for the bedridden. This in turn supports an uninterrupted sleep for the bedridden, which is very important for the metabolic cycle.

LEJRELET Oval is made with a very flexible material and offers excellent pliability. Consequently, it is very easy to use and the bedridden experiences good support and comfort.

Examples for use of LEJRELET Oval:

- » Between the knees or feet.
- » As lumbar support.
- » Support of shoulder or elbow.
- » Support of paralyzed arm or hand.
- » Between arm and thorax.

ITEM NO.: 5000009
WEIGHT: 350 g
SIZE: H 10 x B 25 x L 40

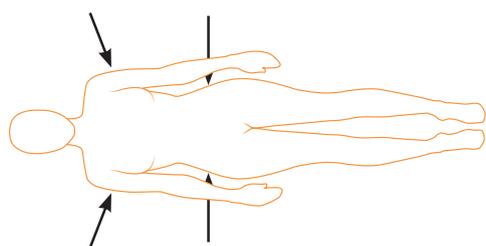
Materials

FILLING MATERIAL: 100% Viscoelastic foam

Washing & cleaning



LEJRELET Oval can be wiped with mild soap and disinfectant fluids or showered with boiling water.



"The Walking Cushion" – place the cushion as indicated and keep repositioning in this cycle.



Placed under the shoulder.



Placed under the hip.



Combinations

The LEJRELET cushions can be used individually as well as in combination with one another. This offers great flexibility and opportunity for you to utilize your creativity and professionalism in order to find the best support for your client.

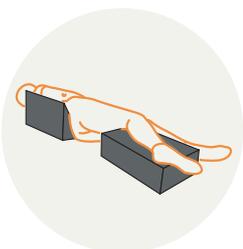
Combining Wedge and Pad High is very useful in many situations. Below we show some of the more common combinations of the 2 cushions.

You can also watch a video demonstrating the combinations of the 2 cushions.

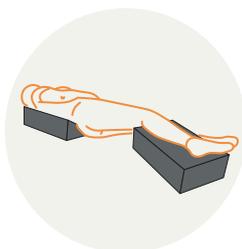


Watch the video on our web site or by scanning this QR code.

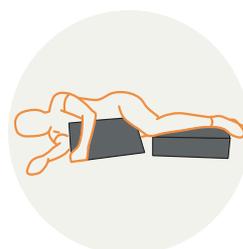
Examples on combinations of Wedge and Pad High



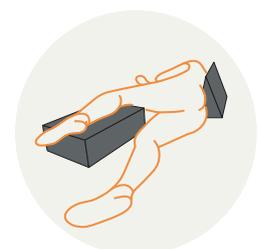
Stable 70 degree position with good support of lower leg.



Stable 30 degree position with good support of the lower leg.



Stable lateral position preventing the client rolling into prone position.



Stable lateral position preventing the client rolling into supine position. Ideal for lower hygiene procedures in bed.

LEJRELET

Set and bag

Set with Tube 250

Set including Tube 250 and Wedge, Pad High, Pad Low and Oval. This set comes in a handy bag.

Item no.: 5000011



Set with Tube 125

Set including Tube 125 and Wedge, Pad High, Pad Low and Oval. This set comes in a handy bag.

Item no.: 5000010



Set without Tubes

Set including Wedge, Pad High and Pad Low.

Item no.: 5000005



Bag

Practical bag for storage of LEJRELET cushions.

Item no.: 5000007



FILLING

Both LEJRELET Tube and Pad Low are filled with 100% viscoelastic foam. The pressure relieving foam provides a large support surface, good pressure relief and high comfort for the patient.

LEJRELET Wedge and Pad High is made with a core of polyurethane foam covered with 2 cm of visco-elastic foam on the top.

This combination makes the cushions firm and supportive, yet they are still flexible and provide effective pressure relief and comfort.

The viscoelastic foam and the polyurethane foam are flame-retardant.

FABRIC

The fabric on LEJRELET is carefully chosen to be comfortable against the skin and to ensure it will not slide against the sheet.

The fabric is stretchable in two ways which ensures that the viscoelastic foam can work optimally.

Further to this the fabric is:

- » Waterproof
- » Watervapour permeable
- » Anti-bacteria treated
- » Tight to house dust mite
- » Biocompatible
- » Oeko-Tex, class 1
- » Fire-retardant to crib 5

